

ROOTED TOGETHER

Discussion and Reflection Guide

Hebrews 10:19–25

1. Who is someone whose encouragement has stayed with you? What made their words or actions meaningful?

Read **Hebrews 10:19–25** slowly. Notice what Jesus has done (“since”), what believers are invited to do (“let us”), and the repeated language of “we” and “us.” For additional context, read **Hebrews 10:32–36**, which describes the congregation’s earlier struggles and continuing need for endurance.

Look Closely

2. **Verses 19–21:** What do believers have because of Jesus? How does this foundation shape the instructions that follow?
3. **Verses 22–24:** Identify the three invitations beginning with “let us.” What do they reveal about our relationship with God and our responsibility toward one another?
4. **Verse 22:** What descriptions accompany the invitation to draw near to God? How might these words encourage someone who feels spiritually inadequate or ashamed?
5. **Verse 23:** What reason does the author give for holding firmly to hope? How could another believer help us remember that reason during a difficult season?
6. **Verse 24:** What does it require to give careful attention to another person? How might that attention lead to love and good works, both in their life and in ours?
7. **Verse 25:** How are gathering and encouragement connected? What does the approaching Day reveal about the purpose and urgency of our shared life?

Reflect and Apply

8. Why can offering help feel easier than admitting we need it? What beliefs or experiences might make receiving care difficult?
9. Think about your regular conversations, including those online. What do they tend to stir up in you and others? Describe something you could say or do to move a conversation toward love and helpful action.
10. What would make it easier for someone in your church, group, or family to answer honestly when asked, “How are you?” Consider what happens after someone shares something difficult.
11. Who might be easily overlooked in your community? How could you help someone remain connected when illness, caregiving, work, or other circumstances make participation difficult?

Take a Step

12. Identify one relationship in which you could become more attentive or more honest this week. What specific step will you take, and when will you follow through?

Pray Together or Personally