

# SELAH: LISTEN TO HIM

**Matthew 17:1-9 & 2 Peter 1:16-21**

## **Big Idea:**

When God says “Listen to Him,” He’s not just asking us to hear Jesus, He’s inviting us to follow Jesus in a cross-shaped way of life.

## **STOP**

Slow down for a moment. Take a deep breath and imagine standing on the mountain with Peter, James, and John. Jesus is shining with glory. Moses and Elijah are there. A cloud surrounds you. Then you hear God’s voice:

“This is my Son... Listen to Him.”

Before you rush into the rest of this devotional, pause and sit with that moment.

## **Question:**

- What do you think Peter was feeling right then: excited, confused, afraid, overwhelmed?

## **EXHALE**

Release the pressure to have everything figured out.

Peter didn’t understand everything about Jesus yet. In fact, just days earlier he argued with Jesus about the cross because he didn’t like what Jesus said.

Sometimes we think following Jesus means always getting it right. But this story reminds us that disciples are still learning.

## **Truth to remember:**

Jesus invites imperfect people to follow Him, even when they don’t fully understand.

## **LOOK**

Read Matthew 17:1-9 again slowly.

Notice these moments:

- Peter wants to stay on the mountain.
- God interrupts him.

- The command is simple: **“Listen to Him.”**
- When the disciples look up... they see only Jesus.

**Think about this:**

- Peter wanted a powerful, victorious Messiah.
- Jesus was talking about suffering and the cross.
- God tells Peter to trust Jesus’ voice, even when it’s not what he expected.

**Reflection:**

- Why do you think it’s hard for people to listen when Jesus says something uncomfortable or challenging?

## **ASK**

Let God search your heart.

Following Jesus doesn’t always look like winning or being popular. Sometimes it looks like choosing kindness when others are mean, honesty when it costs you, or humility when you want attention.

Ask yourself:

- Where might I be trying to “stay on the mountain”, only wanting the exciting parts of faith?
- Is there something Jesus has been nudging me to change, forgive, or let go of?
- What would cross-shaped love look like in my life right now?
  - Standing up for someone who gets left out.
  - Apologizing even when it’s awkward.
  - Choosing integrity instead of fitting in.

## **HEAR**

Listen for one specific step. God didn’t give Peter a long speech, just one command:

“Listen to Him.”

This week, listening to Jesus might look like:

- choosing patience with your family
- encouraging a friend who’s struggling
- refusing to join in gossip
- serving someone without expecting anything back

**Write one thing you feel God inviting you to do this week:**