

## Discussion Questions: *At the Feet of Jesus*

*Walking with Jesus – Week 1*

**Luke 10:38–42**

- 1. What stood out to you most in the story of Mary and Martha?**  
Was there a detail, phrase, or tone in Jesus' response that surprised or challenged you?
- 2. How does Luke's placement of this story—immediately after the parable of the Good Samaritan—shape how you read it?**  
Why might the Holy Spirit want both "Go and do" *and* "Sit and listen" side by side?
- 3. What does it mean to "sit at the feet of Jesus" in your life right now?**  
Is this something you regularly practice, or is it something that needs to be reclaimed?
- 4. If someone looked at how you spend your time, what would they say your "many things" are?**  
What tends to distract or pull you away from the presence of Jesus?
- 5. Jesus didn't criticize Martha's service—He redirected her heart.**  
Where in your life are you tempted to equate *activity* with *intimacy*?
- 6. How do hurry, noise, and anxiety affect your spiritual life?**  
Can you name moments recently when those things disconnected you from God?
- 7. John Mark Comer writes that "Hurry is violence on the soul."**  
Do you agree? Have you experienced that truth? What does "ruthlessly eliminating hurry" look like for you?
- 8. What could it look like for you to practice "Mary moments" each day this week?**  
What might need to shift in your rhythms, routines, or expectations?
- 9. How can you help your household (or friend group) become a space that values being with Jesus, not just doing for Him?**  
What intentional habits or boundaries might help you cultivate this?
- 10. If you were to choose just *one thing* this week that draws you closer to Jesus, what would it be?**  
And how will you protect that time?